



LA GRANDE GITA



Ride Options and Route Maps

La Grande Gita is designed for all kinds of riders – from families enjoying a gentle spin to gravel adventurers chasing a challenge.

- **Espresso (10-20km)** – Short, self-guided loops along the Shiraz Trail and Coast to Vines Trail. Ideal for families, casual cruisers, or those who'd rather mix their riding with time in the village.
- **Piccolo (27km)** – A relaxed, family-friendly ride perfect for new riders, kids, or anyone wanting to soak up the scenery at an easy pace.
- **Mezzo (40km)** – A social ride through the vines with time to linger at cellar doors and enjoy the local flavours along the way.
- **Grande (60km)** – A rewarding mid-distance ride for recreational cyclists looking for a mix of rolling backroads and great views.
- **Mega Grande (80km)** – The ultimate test: more gravel, more elevation, and more epic riding for those chasing McLaren Vale's toughest challenge.

Which ride is for me?

Mega Grande – 80km

The ultimate test for riders who want it all: distance, elevation, and plenty of gravel. The first 38km follows the Grande route before the **Mega Grande** breaks away, heading north to Meadows and looping back via Prospect Hill, and Kuitpo Forest. After rejoining the Grande route at Blackfellows Creek, you'll tackle The Range climb once more before a rewarding descent to McLaren Flat. From there, cruise along the Flat to Vale shared-use trail and roll into Serafino Wines to celebrate a true "Mega" achievement with coffee, beer, or wine in hand.

Terrain: 44% sealed | 56% unsealed/gravel

Approx 1,120m elevation

[View the 80km route on RideWithGPS](#)

Grande – 60km

Don't be fooled by the name, the Grande packs a punch. Begin with a picturesque ride through the vineyards before tackling The Range and rolling into the heart of the Fleurieu via Yundi and Mount Magnificent. Expect stunning gravel sections and forested climbs through Kuitpo before ascending The Range once more. A steady descent delivers you into McLaren Flat, where the Flat to Vale Trail guides you back to the finish at Serafino Wines. A challenging ride, a rewarding finish.

Terrain: 37% sealed | 63% unsealed/gravel

Approx 850m elevation

[View the 60km route on RideWithGPS](#)

Mezzo – 40km

Prefer a ride with fewer hills but still plenty of character? The Mezzo offers a mix of sealed and gravel backroads, weaving through the vineyards and trails that define McLaren Vale. The loop includes sections of the Shiraz Trail and McLaren Flat Trail, plus opportunities to stop at cellar doors along the way. A more relaxed ride with enough variety to keep things interesting. Ideal for those who like to ride, sip, and savour.

Terrain: 69% sealed | 29% unsealed/gravel

Approx 375m elevation

[View the 40km route on RideWithGPS](#)

Piccolo – 27km

The Piccolo is a gentler option, perfect for families, new riders, or anyone who wants to enjoy the festival atmosphere without tackling tough climbs. This sealed loop takes you along the Shiraz Trail and shared paths via the McLaren Vale Visitor Centre, Seaford Rise, and Aldinga before returning through Willunga's vineyard views to the finish village. With prizes for best-dressed riders, it's the perfect excuse to roll out in style.

Terrain: 100% sealed

Approx 261m elevation

[View the 27km route on RideWithGPS](#)

Espresso – 10km

The most relaxed way to enjoy La Grande Gita.

Choose your own adventure with one (or more!) of three short, self-guided routes along the Shiraz Trail and Flat to Vines Trail:

- **Willunga via Shiraz Trail** – 12km return
- **McLaren Flat via Flat to Vale Trail** – 10km return
- **McLaren Vale Visitor Centre via Shiraz Trail** – 7km return

These easy rides are perfect for families, kids, or anyone who prefers a short spin before settling into the village to enjoy the food, wine, and music.

Terrain: 100% sealed

[View the 10km route options on RideWithGPS](#)

Venue details

Start / Finish Venue: Serafino Wines - [39 Kangarilla Rd, McLaren Vale SA 5171](#)

Distance from Adelaide CBD: 40km

Travel time: Approx 1hr via Southern Expressway and Victor Harbor Rd. [Get directions.](#)

Car Parking: Located onsite at Serafino